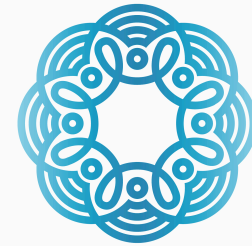


**The Basin**  
Community House



**The Basin**  
Community House

## Contact Details



Monday - Friday  
9.15am - 3.00pm



21 Liverpool Road,  
The Basin 3154



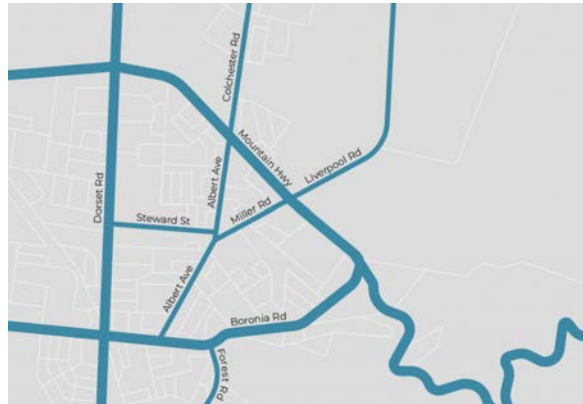
(03) 9761 0209



info@tbch.org.au



<https://www.facebook.com/thebasincommunityhouse>



## The Basin Community House

### Term 4 2024 Course Guide

7th October- 20th December



Scan here for  
course information

## Course Enrolments



The Basin Community House would like to acknowledge the Wurundjeri people of the Kulin Nation who are the Traditional owners of the land on which our community is based.

# Creative Arts

## Craft and Chat

Join us for a craft afternoon and a cuppa while working on your own project.

**Thursday's 12:00pm – 2:30pm |**  
**10th / 24th October**  
**14th / 28th November**  
**12th December**  
**\$25 per Term | Craft Room**



## Patchworking and Sewing

Join in with our experienced and enthusiastic patchwork expert, Sue. Have a cuppa, and bring along your own project to work on.

**Thursdays 7:00pm – 9:30pm |**  
**17th October / 21st November**  
**\$60 per Term | Craft Room**

## Craft

Participants can bring any craft that they have, unfinished projects that are sitting around the house or a new projects to begin.

Come along and have a chin wag with others in a relaxed environment.

**Friday's 12:00pm – 2:30pm |**  
**4th October / 25th October**  
**1st / 22nd / 29th November**  
**\$25 Per Term | Craft Room**

## Card Making Monthly

Learn to make beautiful cards for family and friends. You will be provided with a pack to make two beautiful cards using a variety of techniques.

**Fridays 12:00pm – 2:30pm |**  
**11th October / 8th November /**  
**6th December**  
**\$30 (\$10 per class) | Craft Room**

## Card Making Classes

Join our card making classes with our experienced trainer, Sue. She'll teach you a variety of techniques to help you create unique, personalised cards.

**Monday's 6.30pm - 8.30pm**  
**21st October - 25th November**  
**\$90 | Craft Room**



## Colour and Chat

This inclusive group welcomes the opportunities of friendship and creativity while exploring Colours, Art and Mindfulness. A fun class

**Mondays 12:45pm – 2:45pm |**  
**7th October - 9th December**  
**\$50 | Long Room**

# Lifestyle Workshops

## Dancing

Step into the spotlight and discover the art of different forms of dance. Perfect for all levels. Whether your looking to boost your confidence or just want to have fun, this is your chance to razzle and dazzle and celebrate your inner Diva.

**Dancing through the Eras**  
**Thursday 7.00pm - 9.00pm**  
**24th October**  
**\$25.00 | The Basin Seniors Hall**

**Cabaret Dancing**  
**Sunday 2.00pm - 4.00pm**  
**10th November**  
**\$25.00 | The Basin Seniors Hall**

**NEW**



## Mechanics for Women

Have you ever wanted to maintain your own car? Well, this is the course for you.

Guided by a trained mechanic, Richard, this short course introduces you to maintaining your own cars.

The workshop aims to provide a safe, supportive and encouraging environment to empower people to feel more confident and be proactive in learning about, maintaining your own cars..

**Saturday 11.00am - 1.30pm |**  
**12th October**  
**\$40 Community Room**

## Photography Exhibition

Join us at The Basin Community house for a stunning exhibition showcasing work from our Photographic students.

**11th October - 8th November**

Love gardening ? Join us in our House garden.  
Become a volunteer and help us grow something beautiful together



# Creative Arts

## Digital Photography

Capture the world through our Digital photography Course.

This intermediate photography course, will help build skills, confidence and a photography folio. It will be a mix of on location photoshoots and classes in the community house. Join us and bring your creative vision to life.

**Mondays 12.00pm - 2.30pm |  
14th October- 2nd December  
\$150.00 | Computer Room**

## Water Colour

Join us for Watercolour class with local artist Christina Bolli, who is passionate about nurturing people's creativity and love for art.

Christina's supportive and inspiring approach will help you explore the beauty of water colour painting, whether your just starting or looking to refine your skills.

Come discover your artistic potential and enjoy the creative journey

**Wednesday's 9.30 - 11.30 |  
13th November - 4th December |  
\$100 | Craft Room**

## Shoe Paint and Sip

Enjoy a fun night out and Repurpose and customise your old shoes with a variety of materials, such as paints, markers or totally recover them and add some bling.

Great for a work function, hens parties or just a relaxing night out

**Friday 6.30pm - 9.00pm |  
15th November  
\$60 | Craft room**



## Mosaics

Unleash your creativity with our mosaics class. Learn to design and create stunning mosaic artworks with expert guidance. Perfect for all skill levels. Join us and transform ordinary materials into extraordinary art.

**Saturday 10.00am - 2.30pm |  
19th October  
\$80 | Craft Room**

## Paint and Sip

Unwind as you enjoy a glass of bubbles and let your inner artist shine.

Join our Paint and Sip class- Whether you are flying solo, catching up with friends or want a fun work function, its a great way to have a laugh, relax and create a lasting memory.

**Friday 6.30pm - 9.00pm |  
22nd November  
Saturday 6.30pm - 9.00pm |  
7th December  
\$80 each session | Craft Room**



# Become a Volunteer



**Volunteer opportunities include:  
Reception/ front of house- greeting  
and assisting community members.**

**Community Connector: assisting  
people to identify what activities they  
might like to participate in.**

**Gardening- assisting with the  
development and maintenance of the  
garden, including our  
indigenous bush trail.**

**Social activities- Do you have a special  
interest you would like to share with  
others?**

# Room and Hall Rental

**Planning your next special occasion  
or corporate event.**

**Have a look at our available rooms and hall venues.**

**Visit our Community house spaces to find that perfect fit**

- \*The Basin Progress hall**
- \*The Boronia Progress Hall**
- \*The Basin Seniors Hall**

**For a tour and  
availability**

**Email: [halls@tbch.org.au](mailto:halls@tbch.org.au)**



**The Basin  
Community House**

# Health and Wellbeing

## Tai Chi

Tai Chi is slow, focused movement, based in traditional Taoist (Chinese indigenous) philosophy and medicine; and using the Chinese martial arts for direction. It is a preventative art for maintaining and improving our health, used to balance body, mind and soul.

**Wednesday's 9.30 -11.00am |  
9th October - 18th December  
\$143 | Long Room**



## Exercise Right for Active Aging

We have partnered with My Exercise Physiology to deliver professionally guided classes held at our Community House to connect like-minded people in a fun and friendly setting. Move your body through affordable exercise. Classes led by university qualified professionals. Improve your quality of life and overall health.

**Thursday 10:00am to 10:45am |  
10th October - 19th December  
\$110 | Long Room**

## Yoga with Wendy

With 30 years experience teaching Yoga Wendy's Classes offer Plenty of gentle stretches, which are adapted from yoga principles. Wendy will teach you how to breathe correctly and become aware of your posture, both standing and sitting, then the classes will close with a calming relaxation. Wendy also offers more advanced yoga classes which involve more indepth stretches.

**Tuesdays 7.30pm - 9.00pm  
8th October - 17th December  
No Class - 5th November  
\$120 | Long Room  
Fridays 9.30am - 11.00am |  
11th October - 13th December  
\$120 | Long Room**

## Yoga with Spyros

Join Spyros for a rejuvenating Wednesday night yoga class. Unwind, stretch, and find your balance in a supportive environment. Perfect for all levels. Come relax and recharge midweek with us.

**Wednesday's 7.00pm - 8.30pm |  
9th October - 11th December  
\$120 | Long Room  
Saturday's 9.00am - 10.30am |  
12th October - 14th December  
\$120 | Long Room**



# Creative Arts

## Beginners Art. Drawing and Acrylic

Surprise yourself by exploring your creative side in the beginners Art Class. An experienced Artist & Teacher will guide you to sketch out, then paint at your own pace.

**Tuesdays 9:30am - 11:00am |  
8th October - 17th December  
No Classes 22nd Oct & 5th Nov  
\$144 | Includes Materials | Craft Room**

## Charity Group

Our Charity Group is Suitable for participants who are skilled in: crochet, sewing & knitting. All items made during the Charity Group are donated to 5 different local community groups.

**Thursday 7.00pm - 9.30pm |  
3rd October / 7th November /  
5th December  
Friday 12.00pm - 2.30pm  
18th October / 15th November  
FREE | Community Room**



## Woodwork for Women

Discover your inner carpenter at our Women's Woodworking classes. Learn essential woodworking skills, create beautiful projects and connect with other women in a supportive environment.

**Wednesday's 1.30pm - 4.30pm |  
16th October - 4th December  
\$260.00 | Bayswater**



## Intro to making Costumes and Headpieces

Unleash your creativity in this workshop where you will learn the basics of designing and crafting stunning headpieces and costumes. Whether you want to prepare for a production or want a headpiece for racing season or just start a new hobby, this class will guide you through essential techniques, materials, and tools. No prior experience required - just bring your imagination and get ready to create wearable art that makes a statement.

**Saturday 10.00am - 2.00pm |  
2nd November  
\$80 | Includes materials  
Craft Room**

# Children's Week 2024

Friday 18 - Sunday 27 October



**Children have the right to a clean and safe environment.**

Join us for FREE fun and a snack in the beautiful Basin Community House Garden. Stories, garden, craft activities and have fun with our scavenger hunt.

**Thursday October 24th- 9.30am - 11.00am  
( pre school age )**

**Friday October 25th 4.00pm - 5.30pm  
( Early primary school )**



## Sunshine and Savory Luncheon

Enjoy a relaxing afternoon filled with delicious food, great company, and warm summer vibes.

**Tuesday 12.30pm - 2.00pm |  
12th November  
\$10 per head. Long Room**

## Cheese Making Workshops

Learn the basics of Cheesemakings in our fun, hands on workshop. Perfect for beginners. Ideal for group activities or work functions, you'll create 3 delicious cheese using fresh ingredients and simple techniques, Mozzarella, Haloumi and Ricotta.

**Saturday 10.30am - 12.30pm |  
October 19th  
Friday 7.00pm - 9.00pm |  
1st November  
\$70 each session | House Kitchen**

## Cooking Classes

Join our hands on cooking class and explore dishes from around the world. Learn new skills, create delicious international recipes, and enjoy sharing your creations with the group. Perfect for all food lovers of all levels.

**Thursday's 10.00am - 12.00pm |  
17th October - 21st November  
\$80.00 | House Kitchen**



**Scan here for  
course information**



## Digital and Tech

### Digital Skills. Level 1

Need help using smartphones and tablets? Small classes with friendly tutor, non threatening environment. Learning what your devices can do besides text and call people. Take photos, update Apps, send and receive emails, blocking phone calls and emails. Creating a MyGov account, learn about internet banking and scam awareness, linking Centrelink or ATO to My Gov. Using Service Vic app for more than signing in.

**Friday 9:30 am- 11.30am |**  
**18th October - 6th December**  
**\$100 | Computer Room**

### Digital Skills. Level 2

Learn to utilise your devices to edit photos, send and receive emails with attachments, use bluetooth devices, use Siri, utilise maps, search the internet and save websites to favourites and clear search history. Scan documents and sign and email them. Download free books and other free apps. Course content subject to change based on students' questions and needs. Small classes with friendly tutor, non threatening environment.

**Wednesday 9:30 am- 11.30am |**  
**16th October - 4th December**  
**\$100 | Computer Room**

### Tech Support

Need Tech help? Join Peter for our free weekly Tech Support Drop in Session! Get assistance with your device or troubleshoot any issues in a friendly and relaxed environment.

**Monday 9:30 am- 11.30am |**  
**14th October - 2nd December**  
**FREE | Computer Room**



## Kids Activities

### Basin Bookworms

Join with other parents, grandparents, bubs and pre schoolers to listen to stories, sing and dance.... and encourage a love of reading. The room will be open from 8.45am with some toys and books available. Perfect for Pre schoolers

**Wednesday's 9.15 -10.15 am |**  
**16th October - 4th December |**  
**Free | Long Room**

### Kids Creative Studio

This vibrant space is designed for young artists to explore, create and have fun. From painting and drawing to crafting, gardening, and cooking, each session offers a new hands-on activity that encourages creativity and self-expression. Perfect for kids around 8-12 years

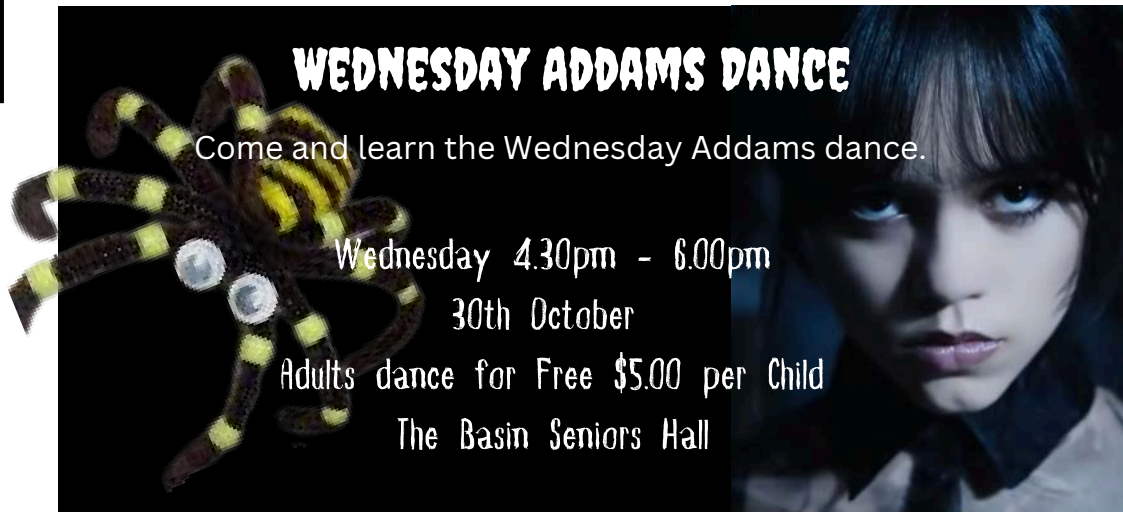
**Tuesday's 3.45pm - 5.15pm |**  
**15th October - 3rd December**  
**\$80 | Long Room**



### WEDNESDAY ADDAMS DANCE

Come and learn the Wednesday Addams dance.

**Wednesday 4.30pm - 6.00pm**  
**30th October**  
**Adults dance for Free \$5.00 per Child**  
**The Basin Seniors Hall**



## Christmas Workshops

### Polymer Clay Earrings and Decorations

Get into the festive season with our Polymer Clay Workshop. Craft some beautiful handmade earrings and ornaments, perfect for gifts nor to decorate your home.

**Saturday 23rd November**  
**11.00am - 2.00pm**  
**\$60 | Craft Room**



### Christmas Gift Crafting

Learn how to craft beautiful, reusable kitchen towel sets using recycled materials- Perfect as thoughtful, sustainable gifts or a festive touch for your own home.

**Saturday 30th November**  
**10.00am - 2.30pm**  
**\$60 | Craft Room**



## Friendship Groups

*Good Company, lively conversations, and the endearments of friendship fill the mind with great pleasure.*



### Conversation and friendship group

Are you looking to meet new people, form new friendships or just enjoy the company of others. Come along and join our friendly and welcoming group for a chat, some laughter and some morning tea.

**Fridays 10.00 -12.00am |**  
**1st November and 6th December**  
**Gold coin Donation | Community Room**

### Discovering Destinations Social Chat

Join our discovering Destinations group. Enjoy a cuppa, make new friends and chat about fascinating places around the world. Perfect for those who love travel and socialising. Come and share your stories and discover new destinations together.

**Friday's 10.00 -12.00am |**  
**18th October - 15th November**  
**Gold coin Donation | Community Room**



**When humans and animals connect**

### The Unconditional love Program

Through the human-animal bond, we help young people and adults in need experience the world differently. Connecting with and developing empathy for animals creates bonds, boosts confidence and brings joy at a time when it is needed most.

**Friday's 10.00am - 12.00pm |**  
**1st November & 6th December**  
**Free | Community Room**  
**Booking Essential**



**The Unconditional  
Love Foundation**

## Library Tasters

Curious about our classes.  
Try before you enrol with our  
Library Taster sessions



Get a sneak peek of some of our workshops and activities  
with no commitment.

Just come along, enjoy a session, and see if it's right for you.

**Quilting Demo**

**Monday 23rd September  
2.00pm - 4.00pm**

**Serviette Holders**

**Friday 8th November  
2.30pm - 4.30pm**

**Calendar Cards**

**Monday 30th September  
2.00pm - 4.00pm**

**Craft Activities**

**Monday 9th December  
5.30pm - 7.00pm**

## Living our best life cafe



### Living Our Best Life Talking Cafe

Supporting seniors to build new connections, rediscover their purpose,  
and find enjoyment in life.

Mondays 2:00pm – 3:00pm

Crave Restaurant, 238 Dorset Rd, Boronia (park at rear in  
shopping centre carpark)

Hosted by The Basin Community House



### What Happens at a Talking Café?

Talking Cafés provide an opportunity for individuals to gather in local cafés for weekly drop-in sessions.

These casual meetings offer a chance to socialise, learn about community events,

and engage with the Living Our Best Life project.

Hosted by a welcoming Talking Café host, participants are encouraged to attend, connect with others, and hear from guest speakers.

Participants can buy themselves a coffee to enjoy along with a good chat. These one-hour gatherings, open to everyone, require no prior booking, and welcome newcomers at any time.

<https://livingourbestlife.org.au/>